



Refresh...

Relax..

Rejuvenate.



Tranquility Mudd Wrap

1½ hr.

Begins with a sea salt exfoliation, a full body application of Moor Mudd, wrapped in a thermal blanket, allowing the body to detox and re-mineralize.

This is followed by a shower finishing with an application of body milk.

Treatment exfoliates, detoxifies, tones & re-mineralizes skin and body.

\$ 120.00

***Tranquil
Touch
Massage &
Spa
Treatments***



**Bringing Mobile Spa
Services to your door.**

**Please contact your B&B host
to book your appointment**

Tranquility Salt Glow 1 ¼ hrs.

Full body exfoliation with natural sea salt and essential oils. Followed by steamed towels

and a full body relaxation Swedish massage. Finishing with an application of body milk. A very relaxing treatment leaving the skin feeling like silk.

\$ 90.00

Swedish Aromatherapy Massage

Light to medium pressure with a blend of essential oils.

1 hr. \$ 90.00

1½ hr. \$110.00

Sports Aromatherapy Massage

Great tension reliever, a deeper tissue massage addressing all the tight muscle areas.

1 hr. \$ 100.00

1½ hr. \$ 90.00

Aromatherapy Facial & Hot Stone Massage

2 ½ hrs.

The ultimate in Relaxation Massage followed by Aromatherapy facial.

Using a gentle aromatherapy of chamomile, rosewater, lavender and geranium essential oils, this facial soothes and hydrates the skin. In combination with the Hot Stone massage, this treatment nurtures body mind and spirit.

\$ 175.00

Tranquility Soak 1 ½ hrs.

A ½ hour full body soak in the tub with Moore Mud – a relaxing, detoxing, mineralizing mud soak. Followed by a 1 hour relaxation Swedish massage. Moore mud creates a very relaxed, and rejuvenating sense of well being, as well as refreshing the skin.

\$ 105.00

Hot Stone Massage 1 ½ hrs *

The ultimate in Relaxation Massage. Heated Basalt stones and heated oils are massaged gently along the body. Creates a deep, penetrating, warm massage that releases tension, stress and muscle aches.

\$ 130.00

Foot Reflexology 1 Hr

Based on the principle that there are reflex points in the feet that correspond to every body part, gland and organ. This treatment promotes deep relaxation and restores balance throughout the body

\$ 90.00

All massage / Spa treatments are used with natural massage oil and blended with essential oils.

* This treatment is available depending on the suitability/accessibility of the location.

Cancellations: We require 24 hours notice for cancellations. 50% of fee will be charged if sufficient notice is not given.

DR RENAUD
Professional Skin Care Line